

ImmunoCAP[®] Specific IgE blood test

provides clinicians with an accurate and convenient method of helping to **rule in or rule out** allergy in patients with allergy-like symptoms.



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+ More Info



Rhinitis

Asthma

Common Childhood Diseases

Food Allergies

When to order ImmunoCAP[®] Specific IgE blood test

Asthma

Target: Patients with persistent asthma on daily medications⁵

Objective: Helps rule in or rule out allergy and identify triggers to target exposure reduction

+ More Info



Regional Respiratory Allergy Profile*

The following allergen categories are included in a respiratory profile:

Animal epidermals and proteins

- Cat epithelium and dander, e1
- Dog dander, e5

Molds

- Penicillium notatum, m1
- Aspergillus fumigatus, m3
- Cladosporium herbarum, m2
- Alternaria alternata, m6

House dust mites

- D. pteronyssinus, d1
- D. farinae, d2

Insects

- Cockroach (*Blatella germanica*), i6

Pollens

- Weeds
- Grasses
- Trees
- Total IgE

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Allergic Asthma Cascade
Treating Symptoms is Not Enough
Identifying Allergic Triggers/
Reducing Exposure
Test to Know

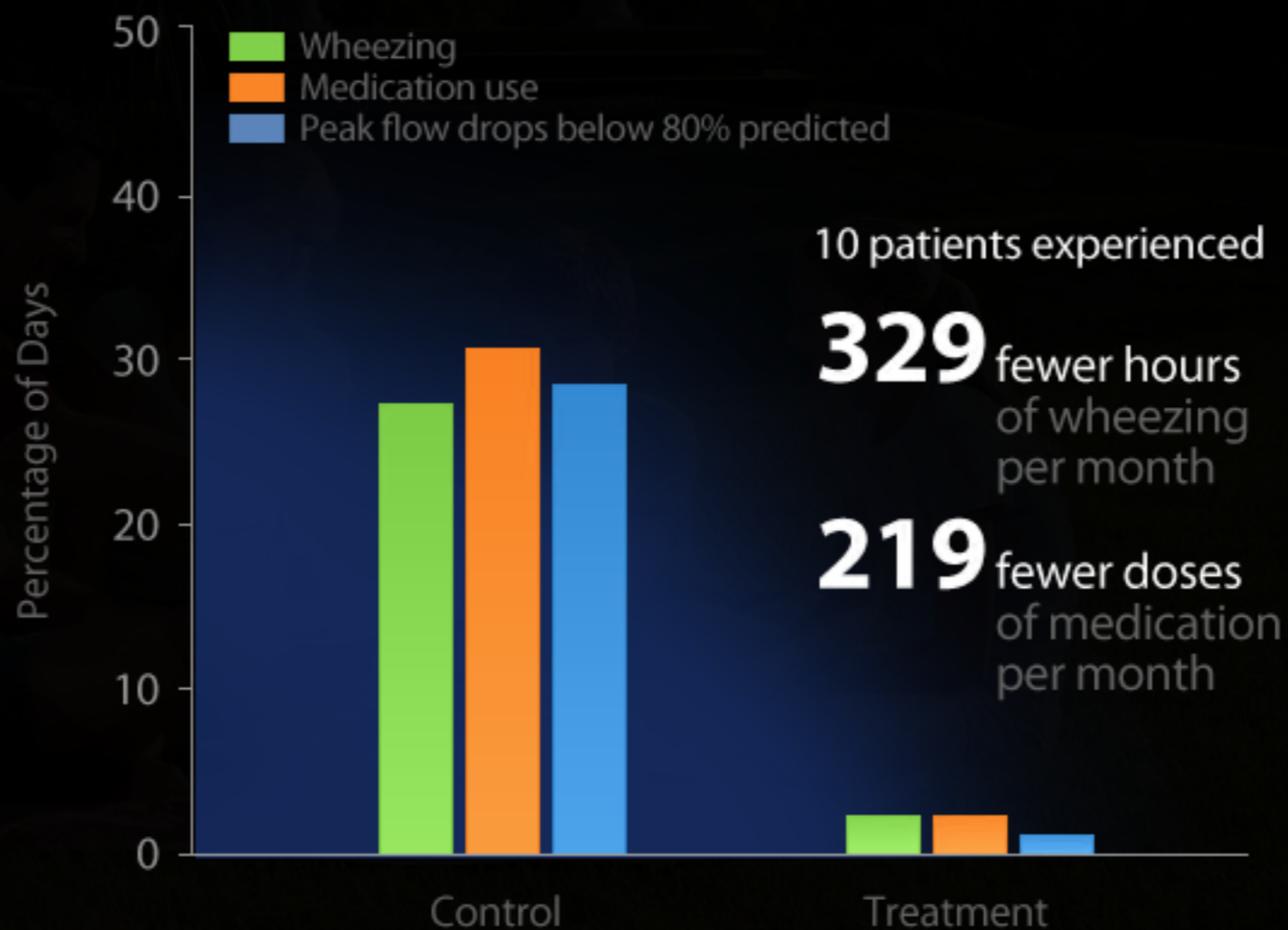


When you identify your patient's allergic asthma triggers... Targeted Exposure Reduction Works!

[+ More Info](#)

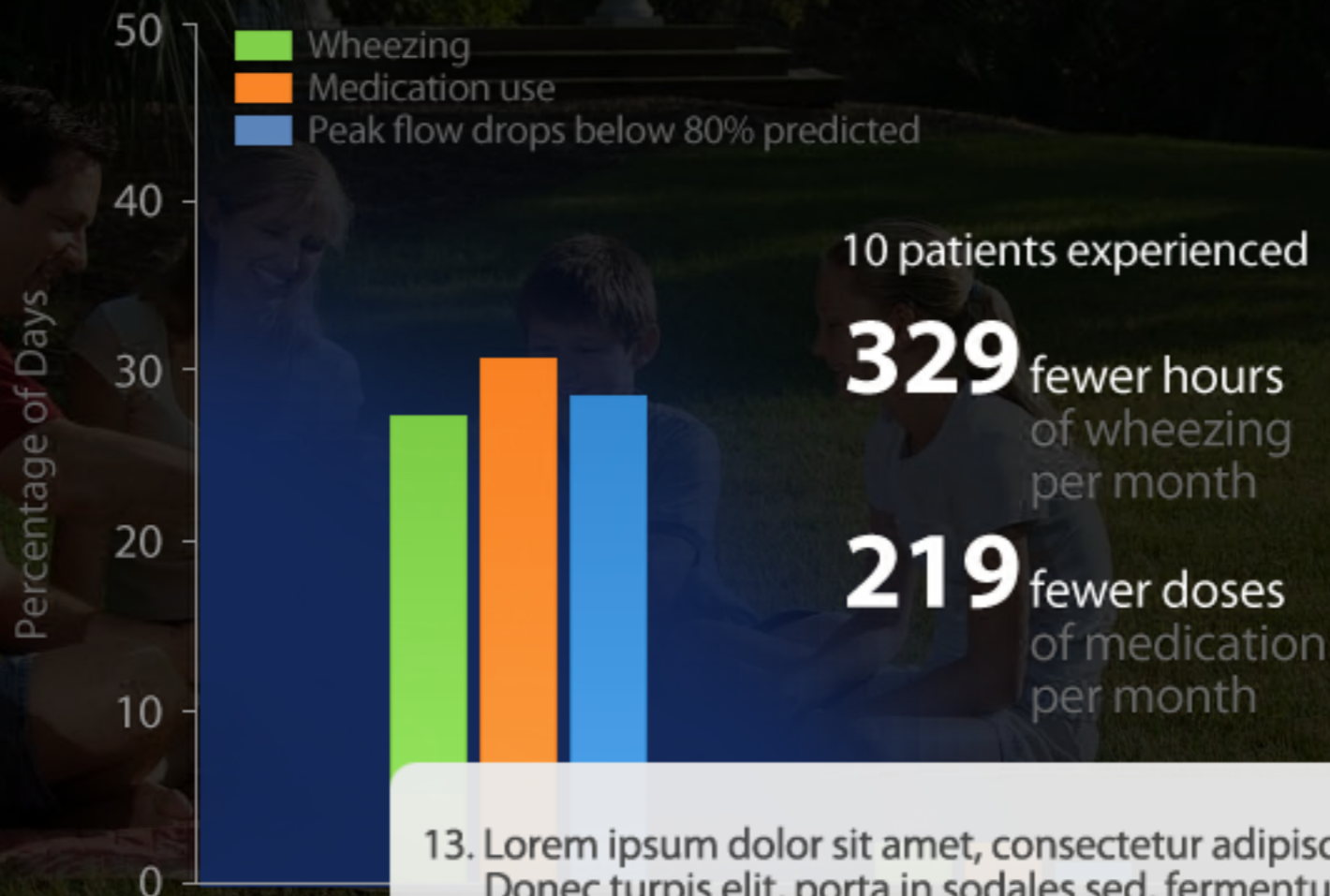


Reducing dust mite exposure reduces asthma symptoms— results of 2 studies^{13,14}



Dust mite exposure reduction dramatically reduced hours of wheezing and doses of medication.¹³

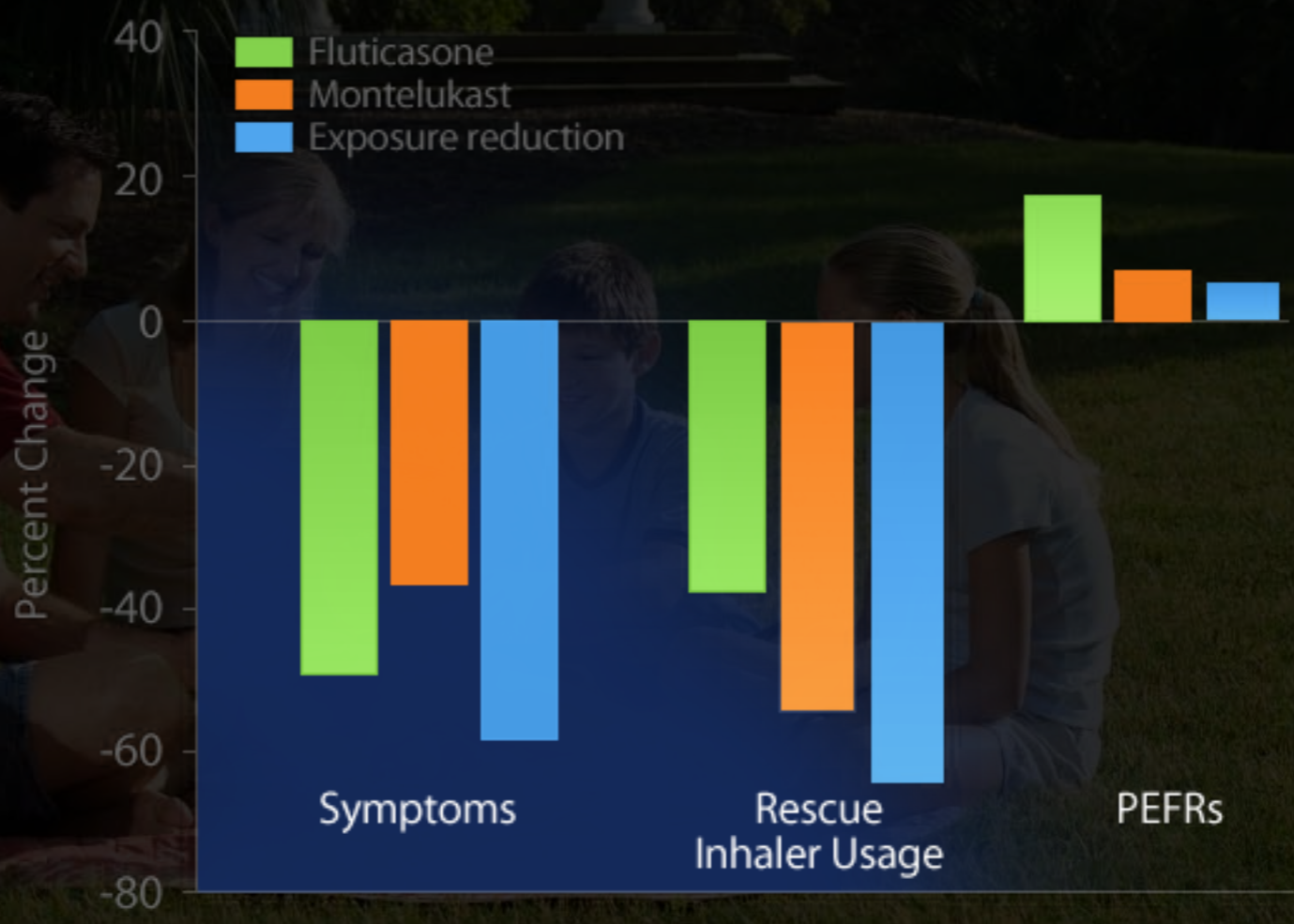
Reducing dust mite exposure reduces asthma symptoms— results of 2 studies^{13,14}



13. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Donec turpis elit, porta in sodales sed, fermentum ac mi. Sed felis nulla, accumsan a commodo a, rhoncus sed sapien. Sed accumsan pellentesque nunc, et elementum erat facilisis a.

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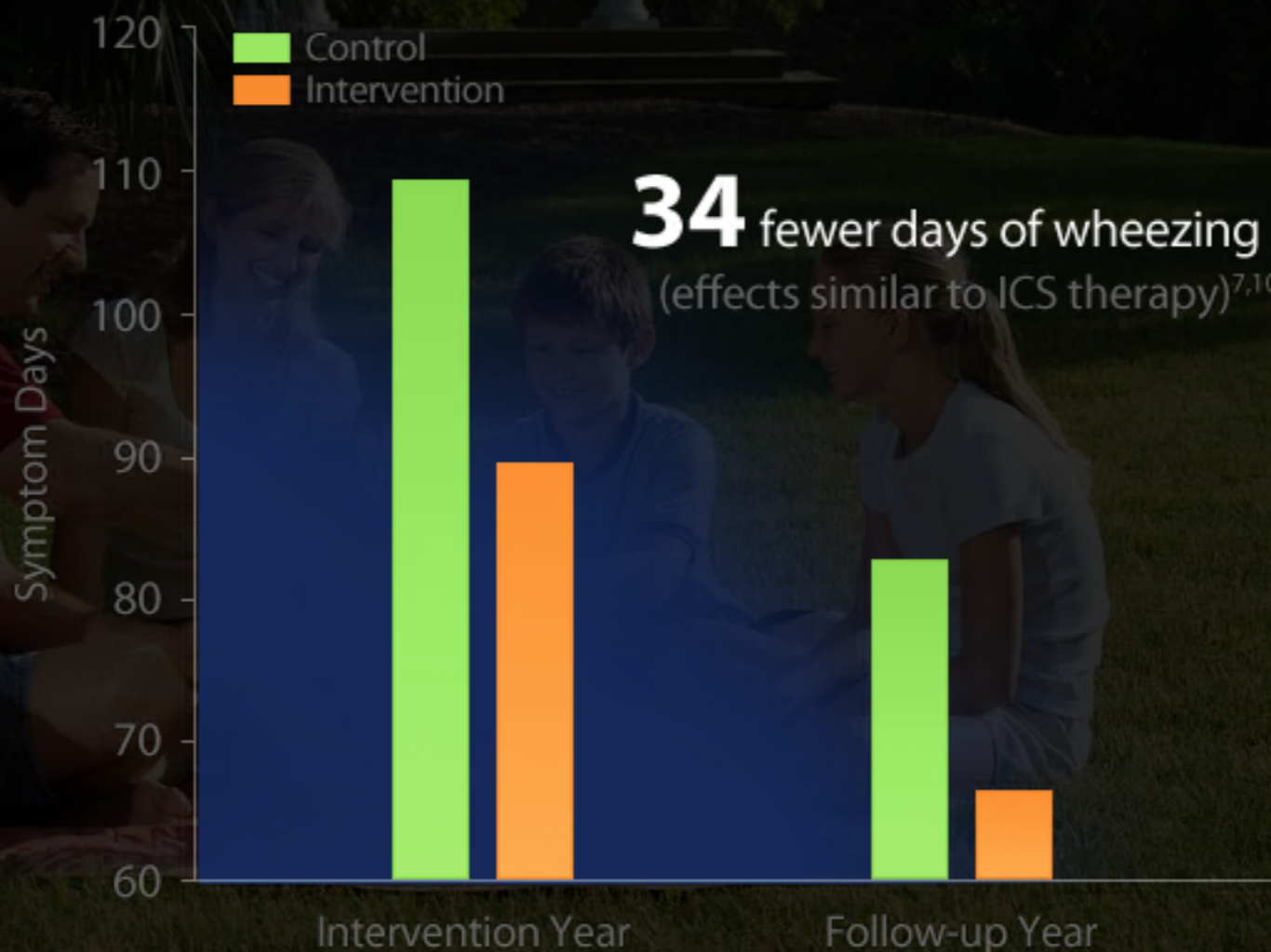
Reducing dust mite exposure reduces asthma symptoms— results of 2 studies^{13,14}



PEFRs = peak expiratory flow rates

Symptom improvement was comparable to that achieved with pharmacotherapy.¹⁴

Exposure reduction improves asthma management— results of an NEJM study¹⁰



Inner-City Asthma Study (ICAS). Controlled trial of environmental interventions (education and remediation) for exposure to allergens and environmental tobacco smoke. Symptom results per patient for intervention year and follow-up year.¹⁰

Exposure reduction improves asthma management— results of an NEJM study¹⁰

Unscheduled
ED/office
visits per year

2.1

Symptom days
per year

21.3

Missed
school days
per year

4.4

Targeted exposure reduction reduces symptoms.¹⁰

Exposure reduction improves asthma management— results of an NEJM study¹⁰

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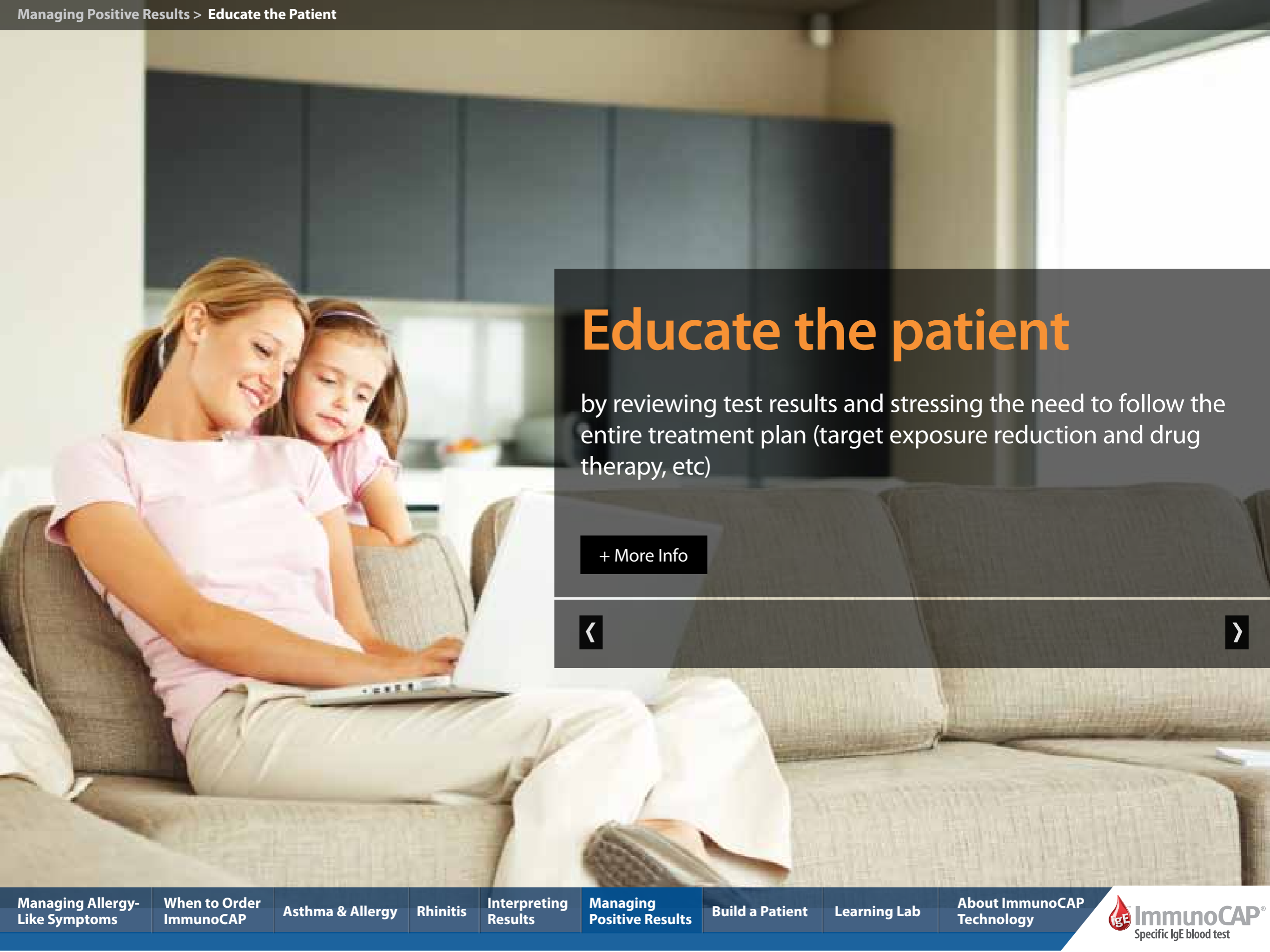
Targeted exposure reduction reduces symptoms¹⁰

Make a Plan

Educate the Patient

Counsel for Targeted Exposure
Reduction

Consider Referral to Specialist



Educate the patient

by reviewing test results and stressing the need to follow the entire treatment plan (target exposure reduction and drug therapy, etc)

+ More Info



You know your IgE
Specific IgE blood test
Is it allergy?

Take action now to better manage your allergic symptoms

Congratulations! Now you know your IgE. Your ImmunoCAP® Specific IgE blood test results have provided your unique IgE profile of inhaled allergen triggers. Think of your IgE numbers as being as personal and unique as your fingerprints. You can work with your healthcare provider to reduce exposure to your specific allergen triggers in order to reduce or even prevent your symptoms.

Here are your allergy results

According to your ImmunoCAP® test results, you show sensitization to the following allergens. (Check the next to general categories and write in specific allergens on the below.)

<input type="checkbox"/> Dog dander	Yes/No	<input type="checkbox"/> Cat dander	Yes/No	<input type="checkbox"/> Cockroach	Yes/No
<input type="checkbox"/> Grass pollens	Yes/No	<input type="checkbox"/> Weed pollens	Yes/No	<input type="checkbox"/> Molds	Yes/No
<input type="checkbox"/> Tree pollens	Yes/No	<input type="checkbox"/> House dust mites	Yes/No	<input type="checkbox"/> Other allergens	Yes/No

Reducing exposure to allergic triggers helps reduce symptoms

Now that you know your unique IgE profile, you can take steps to reduce your exposure to these triggers—and help reduce or prevent congestion, sneezing, coughing, wheezing, and other symptoms. Follow the trigger control list provided on the back of this sheet.

Allergen alert!

Although some people may be sensitive to only a single allergen, most people with allergies are sensitive to more than one allergen. For each allergen, symptoms may appear only when they are exposed to two or more allergen triggers at once. The point when symptoms appear is called the allergen symptom threshold. Reducing exposure to your allergen triggers can help reduce your symptoms. In addition, reports believe that medical treatments are most effective if people also decrease their exposure to allergens.

The cumulative effect of allergens

What are your allergic triggers?

Allergies could be making your symptoms worse.

Please answer the following questions. Then hand this questionnaire to your doctor.

Which of the following symptoms do you experience? (Check the boxes that apply.)

Congestion Sneezing Coughing Wheezing

Are you experiencing any of these symptoms today (congestion, sneezing, coughing, and wheezing)?

Yes No

Do these symptoms disturb your sleep?

Yes No

If so, how often? _____

Complete this questionnaire and then ask your healthcare provider about a simple test that lets you know your IgE.

Taking this action to learn if you have allergies gives you and your healthcare provider the ability to better manage your symptoms.

Do you miss any work, school, or normal daily activities as a result of your symptoms?

Yes No

Do you think you have allergies?

Yes No

If yes, what do you think your allergic triggers might be? (Check the boxes that apply.)

Pets (cat or dog) House dust mite
 Tree pollen Cockroach
 Grass pollen Mold
 Weed pollen

Does reducing exposure to my allergic triggers help?

Yes. Reducing exposure to one or more of your allergic triggers can help reduce your symptoms and your need for medication.* This can only be accomplished by working with your healthcare provider to learn your unique allergy profile.

Talk to your healthcare provider about the ImmunoCAP® allergy blood test.

Get tested. Know your IgE. Learn your allergic fingerprint.

ImmunoCAP®
Specific IgE blood test
Is it allergy?

View and Personalize Document
Build a Customized Brochure

View and Personalize Document
Build a Customized Brochure

View and Personalize Document
Build a Customized Brochure



CAT DANDER



DUST MITE



OAK



You know *your* IgE

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Take action now to better manage your allergic symptoms

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Here are your allergy results

According to your ImmunoCAP test results, you show sensitization to the following allergens:
[Check box next to general category and write in specific allergen on line below.]

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Select one... 

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Scale



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Different Etiologies
Differentiate Allergic from
Non-Allergic Rhinitis
Test to Know

Managing Allergy-
Like Symptoms

When to Order
ImmunoCAP

Asthma & Allergy

Rhinitis

Interpreting
Results

Managing
Positive Results

Build a Patient

Learning Lab

About ImmunoCAP
Technology

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James

Age 36

> DSM-IV defined (sub)types of ADHD

- ADHD, primarily of the inattentive type (ADHD/I, meeting at least 6 of 9 inattentive behaviors)
- ADHD primarily of the hyperactive/impulsive type (ADHD/HI, meeting at least 6 of 9 hyperactive-impulse behaviors)
- ADHD combined type (ADHD/C, meeting at least 6 of 9 behaviors in both the inattention and hyperactive impulsive lists)

> Utah Criteria for ADHD in Adults

- Childhood history consistent with ADHD
- Adult symptoms
 - Hyperactivity and poor concentration
 - Two of the following:
 - Affective lability
 - Hot temper
 - Inability to complete tasks and disorganization
 - Stress intolerance
 - Impulsivity

> Conners Conners Adult ADHD Rating Scales

	<55	55-60	61-70	71+
Inattention/memory problems	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Impulsivity/emotional lability	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hyperactivity/restlessness	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Problems with self-concept	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
ADHD index	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Inconsistency index	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

> Other associated or coexisting conditions

- Depression
- Anxiety
- Substance abuse
- Personality disorders
- Other

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KOL Presentations
Case Studies

Learning Lab

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Technology



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